

## 8th Nov 2022

## Improving ventilation for a healthier world

Ventilated, clean air in buildings is a crucial part of enabling health and wellbeing of people. But it is so often ignored or poorly understood – and we usually only notice when there is a problem.

Good ventilation can reduce exposure to air pollutants and infectious diseases, help us to perform better, be more productive and enable us to sleep better. It also reduces mould and damp in buildings and reduces the cost of building maintenance.

Good ventilation is part of creating a sustainable and low carbon environment, by using technology well to balance air quality, energy use and comfort.

Join the debate on social media
#worldventil8day #celebrateventil8

Join one of our events or organise your own.

Download free resources.

www.worldventil8day.com